

DAY 2
CHAPTER 3
EVALUATE

GOAL SETTING WORKSHEET

- For each of these categories, write down the three most important goals from your Brain Dump yesterday.
- If you think of other things that have more priority, it is okay to add them here.
- This should be your 3 PRIORITY GOALS:

GOALS

Spirituality:

- 1.
- 2.
- 3.

Business:

- 1.
- 2.
- 3.

Relationships:

- 1.
- 2.
- 3.

Personal Growth:

- 1.
- 2.
- 3.

Finances:

- 1.
- 2.
- 3.

Health:

- 1.
- 2.
- 3.