

Life Balancing Tools



Spiritual

Habits:

- 1.
- 2.
- 3.

Goals:

- 1.
- 2.
- 3.

Financial

Habits:

- 1.
- 2.
- 3.

Goals:

- 1.
- 2.
- 3.

Health

Habits:

- 1.
- 2.
- 3.

Goals:

- 1.
- 2.
- 3.

Business

Habits:

- 1.
- 2.
- 3.

Goals:

- 1.
- 2.
- 3.

Family

Habits:

- 1.
- 2.
- 3.

Goals:

- 1.
- 2.
- 3.

Personal Development

Habits:

- 1.
- 2.
- 3.

Goals:

- 1.
- 2.
- 3.