

**DAY 5**  
**CHAPTER 3**  
**IMPLEMENT**

**HERE IS YOUR ONE-PAGE SUCCESS PLAN!**

**Worksheet Instructions: Refer to the chart on the last page of this worksheet**

Write down three goals for each of the six areas. (See life-work balance wheel below and list them all, one area at a time)

Write down Three habits for each of the six areas. (See life-work balance wheel below and list them all, one area at a time)

**MY PURPOSE STATEMENT IS:**

Please take a moment to take our survey on your current work and life balance.

**TAKE A SURVEY AND GET A FREE ONE HOUR CONSULTATION:**

<https://us20.list-manage.com/survey?u=2d0ae88eb00bf8601131e4dbc&id=d7267aeef0>

Be sure to have this worksheet filled in as best as possible for our meeting.

Thank you for being a part of our Purposeful Joy Summit!

Create the business and life you love today!

**Once you complete your success plan:**

**POST THE FOLLOWING CHART WHERE YOU CAN SEE IT AND READ IT EVERY DAY!**

**The Year of : \_\_\_\_\_**

